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SPEAKERS

Alex Moresco



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Hi friends, for those of you that I have not had the chance to meet yet, I'm Ali Moresco and I'm a fellow Lyme warrior and advocate. And I was so thrilled when Matt and Rich asked me to participate in the Lyme Hackathon that they're putting on for Lyme Awareness Month with the Tick Boot Camp podcast. So I just wanted to pop on here and share a little bit with you about a major tip and therapy that has been a game changer for me and that is IV therapy. So I have been sick with Lyme for so long that it shut down my immune system, and now I have a very serious immunodeficiency. So I started IVIG therapy in the late fall and I will do it for about a year and a half. So essentially, IVIG, it's immunoglobulin therapy and immunoglobulins are found in the blood's plasma. So essentially, the medication is made from blood donors blood and then it's separated and they do what they do with it. And so far I have noticed a massive improvement with my fatigue and my overall health and previous neurological issues that I have had have certainly gotten better. I'm not all the way there but I'm you know, getting there. So IVIG has been a major game changer for me. And I personally get it infused subcutaneously so it gets put in via five little tiny needles, and it gets slowly infused over the course of hours at a time and it sounds a lot worse than it is it's not actually that painful. I would say the worst part is when you initially start IVIG, you're very tired and very fatigued. And that's coming from someone who has a tick borne illness so you know it's bad, but once your body adjusts to it, it gets better over time and eventually you start feeling better. So I hope that me sharing my IVIG experience with you, helps you in some way. So thank you to Tick

Boot Camp for putting on the Lyme Hackathon this month and happy Lyme Awareness everyone. Bye.